

Reflection, Review and Re-invention: Career Development for higher education professionals (Programme 2 – Emphasis on Reflection)

Introduction

This one-day programme provides participants with a unique opportunity to reflect upon their current career position, shape future aspirations and goals and offers innovative approaches to acquiring useful skills and experience for meaningful progression.

This programme focuses on the career development needs of higher education support staff and is likely to be beneficial to higher education professionals who:

- Wish to review their current career position and/or its future direction
- Wish to acquire an increased awareness of the potential opportunities open to them within their own organisation and the higher education sector in general
- Are seeking a structured environment in which to reflect and plan
- Aim to acquire an understanding of the tools/skills required to achieve a step change in their career situation and long term meaningful change

Learning Outcomes

The programme aims to deliver the following learning outcomes:

Enabling participants to:

- Reflect on their current career position and their own strengths and weaknesses
- Be aware of the opportunities and threats present in their current situation
- View the 'big picture' in terms of work-life balance issues
- Be aware of their individual motivation factors and begin the process of setting future goals
- Start to identify 'gaps' in their skills and experience which would need to be addressed in order to achieve their aspirations
- Be aware of a range of potential options for gaining professional experience both within and beyond their immediate role
- Identify a number of practical steps they can take to enhance their professional experience relevant to their future goal(s)
- Have an understanding of the role of positive presentation in achieving goals
- Be aware of the benefits of using Careers Services
- Understand the benefits of Networking and have an awareness of good and bad networking practices
- Be aware of the impact of their 'Professional Footprint' ©

This programme was devised and written by Sue Carrette, with additional material from Sharon McNeish.

Presenter

Sue Carrette

Sue Carrette (BA, MA) has worked in higher education for 20 years, principally in the areas of education management, student support and professional development. She has a wide range of experience within the sector at both a national and international level. Her career has encompassed distinctive roles for a diverse range of organisations within the sector including; the University of Manchester, Kings College London, the Association of University Administrators (AUA) and the University of East London. She was most recently (until April 2011) the Assistant Academic Registrar for Research Degrees at Queen Mary University of London.

Sue Carrette Training and Consultancy was established six years ago as a specialist provider of development and consultancy services to the higher education sector and consistently receives excellent feedback and high levels of repeat business. Sue was inspired to develop the 'Reflection, Review and Re-invention' Career Development programme offered as a result of her own experiences of career change.

Sue continues to maintain an interest in the field of international education and has been a contributor to a number of national and international events and conferences.